智能手环说明书

适配平台要求

Android 5.0及以上手机，iOS 9.0及以上手机，支持蓝牙BT4.0

APP下载方法

• 在Google Play或App Store搜索"HeyFine"——进入应用详情页面后点击安装

• 安卓：通过软件应用商店搜索"HeyFine"下载安装应用

• 苹果：通过App Store搜索"HeyFine"下载安装应用

使用前准备

初次使用请确保手环电量充足，若手环无法开机使用，请先将手环进行充电。

手环与APP的连接

• 长按电源键开机，请确保手机蓝牙开启（安卓需要开启GPS）

• 打开手机端的"HeyFine"——进入软件设备进行匹配手机，选择与手环匹配的MAC地址进行连接，如搜索不到设备可点击右上角设备列表搜索

• APP连接手环成功后会弹出引导页，根据引导页的指引进入蓝牙搜索配对"Hry-3.0蓝牙"连接成功后可接打/接听电话及播放蓝牙音乐（安卓自动匹配）

注：APP只连接蓝牙4.0功能，只能与手环进行数据交互，无法进行音乐播放及接听来电（安卓自动匹配，需要连接蓝牙3.0功能才能使用，蓝牙3.0的连接方式需仔细阅读APP连接完成后弹出的引导页）

手环操作说明

电源键：电源键长按3秒，电量屏幕，在其他应用界面也能返回到时钟界面

时钟界面：手环连接APP后会自动同步手机的日期和时间，长按时钟2秒可以切换不同的表盘界面

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• Power button: The power button sleeps / wakes the screen, and can also return to the clock interface in other application interfaces

• Clock interface: The Hand will automatically synchronize the date and time of the phone after connecting to the APP. Long press the clock for 2 seconds to switch between different dial interfaces.

Note: The APP is only connected to the Bluetooth 4.0 function, and can only perform data interaction with the Hand. It cannot perform music playback and use the voice call function. You need to connect to the Bluetooth 3.0 function to use it. The Bluetooth 3.0 connection method needs to be read carefully after the APP connection is completed. Guide pages

Hand operation instructions

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Clock interface: The Hand will automatically synchronize the date and time of the phone after connecting to the APP. Long press the clock for 2 seconds to switch between different dial interfaces.

Dialing: When Bluetooth 3.0 is connected, you can make a call by dialing the number. At this time, the phone will automatically dial, and the phone can set the call device as a Hand

Phonebook: After the Hand is connected to the APP successfully, you can add 50 frequently used contacts in the APP. After the contact is successfully added, the Hand phonebook will be displayed synchronously. The Hand can click the contacts in the phonebook to make calls ; The phone needs to be connected to Hry3.0)

Call record: keep a record of calls made by the Hand

Information: keep the information pushed by the mobile phone: you can view the last 8 pushed message

Sports mode: 1. Record running distance and calorie consumption in running mode 2. Record calorie consumption in skipping mode 3. Riding distance and calorie consumption in riding mode 4. Climbing mode Walking records and calorie consumptio

Remote camera: need to be connected to the APP, open the remote camera phone will open the camera, shake the Hand, click on the picture, the Hand to exit the remote camera phone will also exit the camera

Stopwatch: Start stopwatch timing and end timing

Find mobile phone: When the APP is connected, enter the function of finding mobile phone, long press the icon, the phone will send out a ringtone reminder

Flashlight: turn on the flashlight function, the Hand screen will be bright white

Device information: display the MAC serial number and version number of thedevice

Brightness adjustment: adjust the screen brightness of the ring, choose 5 levels of brightness

Alarm alarm: Connected to APP, you can add an alarm to the alarm reminder on the APP side, and synchronize to the Hand after the addition is completed, you can add up to 5 alarms

Bluetooth music: It can be used only when connected to phone Bluetooth 3.0. The guide page jumped out of the APP for the first time is connected to 3.0 Bluetooth. You can control the play / pause of the music model being playeon the mobile phone through Bluetooth music

Predometer record: display the step count, completion status, walking distance and calories of the day

Sleep detection: wear the Hand to fall asleep, the Hand will record the length of sleep, deep sleep, light sleep and awake time, you can view the details of your sleep data on the APP side, and you can also set the sleep detection time range

Sedentary reminder: the period of the sedentary reminder and the effective time range of the sedentary reminder, the sedentary switch needs to be set in the APP.side sedentary mode

Heart rate measurement: After entering the heart rate, it will automatically measure and display the measured heart rate data. After the measurement is completed, the data will be uploaded to the APP. Remarks: The Hand is required to support the heart rate sensor

Blood pressure measurement: After entering the blood pressure, it will automatically measure and display the measured blood pressure data. After the measurement is completed, the data will be uploaded to the APP

Blood oxygen: after entering blood oxygen, it will automatically measure and display the measured blood oxygen data

Theme: After entering, slide up and down to select different watch themes

QR code: download the QR code of the device's APP

Settings: APP opens / closes the wristband bright screen of the Hand, vibration reminder, the Hand displays its status switch

APP Hand settings:

Personal information: set your avatar, nickname, gender, age, height and weight, set a target number of steps to monitor the completion of daily step counting

Finding device: when the Hand is connected, click on the finding device, the Hand will vibrate

Message reminder: set the message type that the mobile phone pushes to the Hand, such as: QQ, WeChat, Weibo, incoming calls and other information (requires mobile phone system authorized APP to obtain notification permission)

Alarm reminder: set the alarm reminder time, after the setting is completed, it will be synchronized to the Hand, the Hand will have a vibration reminder, even if disconnected from the APP, the Hand will save the APP settings to point reminder.

Sedentary reminder: Switch on the sedentary function and set the reminder duration and time range of sedentary. After the setting is successful, it will be synchronized to the Hand, and the wristband will send a vibration reminder at the time point of sedentary setting

Remote self-timer: When connected to the Hand, start taking pictures from the Hand or enter the remote camera interface from the APP, shake / turn the wristband, take photos automatically after 3 seconds, please allow APP to access the album to save the selfie photos

Sleep detection: when connected to the Hand, you can set the detection time of the Hand sleep detection, sleep heart rate detection auxiliary switch and other detection functions,

Automatic heart rate measurement: When the Hand is connected, set the time point for automatic heart rate measurement. After the setting is completed, it will be automatically synchronized to the Hand. During the measurement process, your heart rate data will be automatically detected and transmitted to the APP to save

Do not disturb mode: turn on the do not disturb mode, you can set do not disturb time period, the Hand will stop receiving notification messages within the set time period, so as not to disturb the reminder message

Vibration: Turn on / off the vibration reminder function of the Hand. After closing, your Hand will not have the vibration function

Language setting: It can be set according to the language supported by the Hand. After the setting is completed, the Hand will automatically switch to the new language you set

Wearing mode: Left-hand / right-hand wearing mode, you can match heart rate pedometer and other data algorithms according to your wearing mode

Synchronize system time: manually synchronize the time of the phone to the Hand

• 戒指方式：左手/右手戒戴方式，可根据您的佩戴方式进行匹配心率计步等数据算法

• 防步系统时间：手动将手机的时间同步到手环

• 恢复出厂：让您的设备重新开满制数据，初计步睡眠等

• 防手洗屏：开启此功能当手环悬屏状态下，抬起手腕将屏幕转向自己即可点亮屏幕，放下屏幕会熄灭

注意事项：

• 充满和放满时不宜频繁。

• 用步数据时请连接手环。

• 使用自带的充电线充电。

• 不要把手环长时间暴露在太阳底下。

• 手环出现死机重启现象，请注意检查手机内存信息清除再试。或退出APP重新打开。

手环保养：

• 不要划伤传感器，保护它避免受损

• 可用湿布擦拭手环表面，用湿和的肥皂水去油污或灰尘

• 请勿将手环暴露在有强烈化学物质的环境中，如汽油，清洁溶剂，丙酮，酒精或驱虫剂，化学物质会损坏手环的密封性和外壳表面

• 避免在游泳或洗澡时佩戴，因为这样会影响防水性

常见问题：

• 提示连不上怎么办？(连接/重连失败或连接/重连速度很慢)

答：请确认手机是否支持BOSS-2或更新4.2系统以上，带蓝牙4.0的手机或平板产品）

2.由于蓝牙在线连接存在信号干扰的问题，可能每次连接的时间会不一样，如果长时间连接不上请确保在无线情况没有无多蓝牙设备干扰的地方进行连接。

3.关闭手机蓝牙再打开

4.清除手机后台应用或重启手机

5.手机不要同时连接其他同类型产品

6.APP暂无记在后台运行，如果不在后台运行则连接不上

• 无法接到手环？

答：因为手环的蓝牙广播没有被手机搜索到，请确保手环处于有电和激活状态，且没有被其他手机连接上。将手环靠近手机重新搜索，如果仍然无效，关闭手机蓝牙2秒后重新开启蓝牙再次搜索。

• 蓝牙连接重一直开启吗？关了的话还会不会有数据？

答：没有同步数据啦，运动和睡眠数据会保留在手环主机上，当手机和手环蓝牙成功连接时，手环会自动上传数据到手机端，但手环

存储的数据有限，大约只能存储一周的蓝牙数据，空间满后会自动覆盖最早的数据来产生最新数据，所以请及时将手环同步到手机上。

备注：如果开启了来电，短信提醒功能则需要保持蓝牙处于连接状态，再转提醒支持离线。

• 手环出现不能充电怎么办？

答：1.请确认充电完好方向是否正确，充电夹与手环接触是否良好。

2.当手环电量低于3.6V时，会有一段时间的充电预充时间

备注：支持插上充电器后自己马进入充电状态，如果没有显示则需要充5分钟就可以进入充电状态

• 手环长期戴带会不会对人体造成危害？

答：设备辐射达在于美国的FCC标准，基本可以忽略不计，长期佩带不会对人体造成辐射伤害

Adapt to platform requirements

Android 5.0 and above mobile phones, iOS 9.0 and above mobile phones

support Bluetooth BT4.0

APP download method

• Search "HeyFine" in the Android application market to download the application or scan the QR code to download

• iOS: download

• Scan the QR code to download the APP application

Preparation before use

For the first time, please make sure the Hand has enough power. If the Hand cannot be turned on, please charge the Hand first.

Binding use

* Long press the power button to turn on, please make sure the mobile phone Bluetooth is turned on (Android needs to turn on GPS)

•Open the "HeyFine" on the mobile phone-enter my device to match the Hand, select the MAC string matching the Hand to connect, if you can't find the device, you can click the device list in the upper right corner to search

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Blood pressure measurement: After entering the blood pressure, it will automatically measure and display the measured blood pressure data. After the measurement is completed, the data will be uploaded to the APP

Blood oxygen: after entering blood oxygen, it will automatically measure and display the measured blood oxygen data

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Synchronize system time: manually synchronize the time of the phone to the Hand

• Restore factory: let your device reset and clear data, such as step sleep

Raise your hand to brighten the screen: turn on this function. When the wristband is in the state of breathing the screen, raise your wrist and turn the screen to yourself to light the screen, and lower it to turn off

Precautions:

It should not be worn when taking a bath or swimming.

When synchronizing data, please connect the Hand.

Use the built-in charging cable to charge.

Do not expose the handle ring to a place with high moisture or extremely high or low temperature for a long time.

The wristband restarts unexpectedly. Please check the memory information of the phone to clear it and try again, or exit the APP and reopen it.

Hand maintenance:

scratch the sensor, protect it from damage

Wipe the surface of the Hand with a damp cloth and use mild soapy water to remove oil or dust

Do not expose the Hand to the environment with strong chemicals, such as gasoline, cleaning solvents, propanol, alcohol or insect repellent. The chemicals will damage the sealability of the Hand and the surface of the casing

Prevent your Hand from being subjected to strong impact and extreme high temperature exposure

When the lens and casing are intact, it is waterproof. Violent disassembly will affect the waterproofness.

Common problem:

What should I do if Bluetooth cannot be connected? (Failed to connect / reconnect or slow connection / reconnect)

Answer: 1. Please confirm whether the mobile phone supports (OS9.0 or Android 4.2 or above, mobile phones or tablet products with Bluetooth 4.0)

2. Due to the problem of signal interference in the Bluetooth wireless connection, the connection time may be different every time. If you cannot connect for a long time, please make sure to connect in a place where there is no magnetic field or too much Bluetooth device interference.

3. Turn off the phone's Bluetooth and then turn it on

4. Clear the phone background application or restart the phone

5. Do not connect your phone to other products of the same type at the same time

6. Currently the APP is still running in the background, if it is not running in the background, it cannot be connected

Can't find the Hand?

Answer: Because the Bluetooth radio of the Hand is not searched by the mobile phone, please make sure that the Hand is powered on and activated, and it is not connected to other mobile phones. Put the Hand close to the mobile phone and search again. If it is still invalid, turn off the Bluetooth of the mobile phone for 20 seconds Then restart Bluetooth and search again.

Should the Bluetooth connection be always on? Will there be any data if it is closed?

Answer: Before synchronizing the data, exercise and sleep data will be kept on the wristband host. When the mobile phone and the Hand Bluetooth are successfully connected, the Hand will automatically upload data to the mobile phone, but the data stored by the Hand is limited, and only about one week of Bluetooth data can be stored. When the space is full, the earliest data will be automatically overwritten to generate the latest data. So please sync the Hand to your phone in time

Remarks: If you turn on the incoming call and SMS reminder function, you need to keep Bluetooth connected, and the alarm reminder supports offline

What should I do if the Hand cannot be charged?

Answer: 1. Please confirm whether the direction of the charging stand is correct and whether the charging clip is in good contact with the Hand.

2. When the Hand power is lower than 3.6V, there will be a period of battery precharge time

Remarks: After plugging in the charger, it will immediately enter the charging state. If there is no display, it will take 3-5 minutes to enter the charging state.

Will wearing the Hand for a long time cause any harm to the human body?

Answer: The radiation of the equipment is far lower than the FCC standard of the United States, and it is basically negligible.